SYSMTEIC LEADERSHIP TRAINING.com

So, you’re working on change and transformation?

JOIN THIS TRAINING NOW. APPLICATIONS ARE OPEN

Navigation complex social dynamics with more ease.

Trust your inner wisdom and be able to explain it.

Enrich your way of working with a systemic view.

September 2018 - April 2019
ARE YOU READY?

“Now I become myself: it has taken time, many years, and places. I have been dissolved and shaken, including having worn other people’s faces…”
~ May Sarton ~

SENIOR TEAM LEADERS
You are used to managing large groups and its social dynamics.

MENTAL HEALTH WORKERS
You are a professional coach, therapist, or psychologist with years of experience.

AGILE/HR CONSULTANTS
You live and breath the importance of taking care of “your people” first.

DOCTORS AND MEDICS
You work with traumatised clients in a high-level, risky work environment.

TRAINERS & COACHES
You have done your own share of reflection and learning programs.

FAMILY CONSTELLATORS
Do you want a refresher program and know the latest within the work field?

Note that this course requires a great level of awareness of oneself. If not all requirements are met, an additional coaching program may be advised.

www.systemicleadershiptraining.com
“To feel abandoned, is to deny the intimacy of your surroundings.”
~ David Whyte ~

Do you need more information for your registration? Make us call you.
A systemic leader is aware of all inter-connections in life. You are open for what wants to reveal itself, at four levels:

**EMOTIONAL HYGIENE**
You know how to "stay in touch" with what is alive in you and the other. You work with this energy.

**HONEST RELATIONS**
You know how family history can shape dynamics with loved ones, but also with colleagues at work.

**GROUP DYNAMICS**
You know how to sense recurring patterns and blindspots with (in) the social groups you are part of.

**FUTURE SEARCH**
You know how to “lead from what place” – when to let go and when to stand up for the collective soul.

**ABOUT SYSTEMIC / FAMILY CONSTELLATIONS**
Personal transformation and organisational change has been studied by facilitators of family and organisational constellations for over 40 years. A plethora of tools, concepts, and work formats are developed to make the underlying, unconscious, and inter-generational social patterns visible. It enriches many people’s practices whose jobs deal with people dynamics.

“When patterns within a social system return, its growth is halted.”
~ Elmer Hendrix ~
This experience-based program will feed your head, heart, and hands. Theory and practice make it a dynamic course.

**THE BIG PICTURE**
Learn about the origins and the latest within constellations work.

**BASIC PRINCIPLES**
Experience the basic framework and systemic models to see/act.

**SENSING DYNAMICS**
Find your unique way(s) to notice the dynamics with social systems.

**BASIC INTERVENTIONS**
Know the different takes upon the role(s) of a constellations facilitator.

**KEY WORK FORMATS**
Learn about the different ways of applying (systems) constellations.

**DEVELOP YOUR STYLE**
Enrich your work method with the systemic views, methods, and tools.

“No day is the same when you listen to the whispers of the past, present, and future.”
~ Peter Senge ~
“With the modules-based set-up, you can design the course in a way that fits your needs. It will challenge you to really integrate it into your life.”

You will get exclusive access to the online materials. You can also at any time request help from your “constellations family”.

Depending on your preferences, you will get an e-mail with links and resources to prepare yourself for each training day.
OFFLINE TRAINING

“Experience beats all methods and stories. When blinded, however, we may actually see more because of these theoretical frameworks.”
~ Oscar Westra van Holthe ~

MONTHLY TRAINING DAYS IN AMSTERDAM, NETHERLANDS

THEORY AND PRACTICE MAKE IT WORTHWHILE EXPERIENCES

LEARN BY “TEACHING OTHERS” AND BRINGING YOUR EXPERTISE

THE TRAINING PROGRAM IS 100% TAILORED TO THE GROUP’S NEEDS

GET INSTANT/DIRECT FEEDBACK FROM THE FACILITATOR AND OTHER PROFESSIONALS

You can start your own “constellations family”. This is your practice, supervision group. With the guidance of an experienced facilitator, you can start our programs.

Do you want to start your own “family” as a host, facilitator or participant? Contact us directly, and we will make it happen.

www.systemicleadershiptraining.com
INDIVIDUAL COACHING

“There is only one way that you should go, and that is yours. No one else’s.”
~ Bert Hellinger ~

When you do not have the prerequisite experience to participate in the program, we might suggest an extra individual coaching trajectory. Learn more about this.
ABOUT THE LEAD TRAINER

OSCAR WESTRA VAN HOLT HE

“Since I was about 10 years old, I had this big dream: to work on world’s most delicate issues. When in university and in my first start up, I was stunned and disillusioned to find out that people have such a hard time to collaborate and seeing each other for who they are. For a while I felt overwhelmed. Until I found the words and the tools to create this place where we can meet in love, community, and with care. Since that day I call myself a systemic coach.”

Oscar has a strong interest and passion for systems thinking in the business world. He is extensively trained in psycho-social people and business development. Specialized in the relations/people side of complex stakeholder engagement. He loves to work at the interplay of global strategic (lean/agile/teal) business restructurings and transformation, organizational culture and leadership development, and branchwide corporate responsibility and innovation. He has a.o. worked with RBS, ABN-Amro Bank, AEGON, Achmea, Roche, Fluor, Exxon-Mobil, WWF, KLM, SAP, the European Commission, and with various Dutch ministries.
Together with various guest facilitators, Oscar is dedicated to create a program that suits your needs. Are you ready?

**ONLINE TRAINING**
From **€1500** per person, excl. VAT. Contact us for customised options.

**OFFLINE TRAINING**
From **€2750** per person, excl. VAT. ex. **€500** location/catering costs p.p. Group size from 8 people and upward. **€100** early bird discount till February.

**INDIVIDUAL COACHING**
Upon request, contact me now.

**IN-HOUSE TRAINING**
Upon request, contact me now.

“Our task is not to look for love, but simply to track down all the obstacles that we have put in the way of love.” ~ Rumi ~

**UPCOMING AMSTERDAM TRAINING DATES**

- **September:** 7, 8, 9
- **October:** 12, 13, 14
- **November:** 23, 24, 25
- **January:** 11, 12, 13
- **February:** 2, 3
- **March:** 23, 24
- **April:** 13, 14
- **TBD:** Party

**REGISTER VIA MAIL**
OSCAR@WESTRAVANHOLTHE.COM OR CALL +31 (0) 616261381